

## Do you have a wound or a sore that simply won't heal?

Understandably, you are concerned. Most wounds tend to heal in a brief period of time (eight weeks or less) with no complications. However, some can develop into chronic, non-healing wounds. Treating these wounds is a bigger problem than some may think, and can be frustrating for both the patient and the physician. A problem wound, left untreated, could be doing untold damage.

### WORKING TOGETHER

Making the choice to seek specialized care is the first important step in your treatment program. The ETMC Wound Healing Center only treats wounds, so you will continue to consult your regular doctor to manage any other medical conditions. We will inform your doctor about your treatment program and the progress you are making. Our Center provides specialized care in close coordination with your primary care physician. If you do not have a physician referral, you can call the center directly for an appointment.

### YOUR TREATMENT PROGRAM

Wound management research has shown that correcting contributing factors, controlling infection and enhancing medical and nutritional status creates a healing environment. Wounds are complex and individual and require individualized treatment plans. Your program will include regular visits to the center, instruction for home wound care, dressing changes and ways to protect yourself from further injury.

Carefully researched methods allow patients to receive state-of-the-art treatment of wounds that have resisted healing despite months, or even years of conventional treatment. Together with you and your doctor, we offer promise for wounds that are difficult to heal.

### TYPES OF WOUNDS WE MANAGE

- Any wound present more than 30 days or wounds failing to improve with multiple treatments or therapies
- Diabetic ulcers
- Diabetic wounds-lower extremity
- Lower leg ulcers
- Pressure ulcers
- Bone infection (osteomyelitis)
- Gangrene
- Vascular insufficiency
- Skin tears or lacerations
- Radiation tissue injury
- Post-operation infections
- Slow or non-healing surgical wounds
- Brown recluse spider wounds
- Failing or compromised skin/muscle grafts or flaps
- Crush injuries
- Burns
- Lymphedema

### YOUR TEAM OF SPECIALISTS

Our staff is a unique team of experienced physicians, nurses and therapists whose combined knowledge creates a multidisciplinary approach to wound management. We are dedicated to caring for people with wounds that have resisted traditional means of healing.

### TYPES OF TREATMENTS PERFORMED

**Transcutaneous Oxygen Monitoring (tcpO<sub>2</sub>)**  
This will determine the level of oxygenation available to your wound to promote healing.

### Doppler Evaluation of Pulses

This will determine blood flow available to transport nutrients and medications to the wound.

### Blood Work

This will define any systemic problems such as anemia, diabetes, renal diseases or infection that could prevent your body from healing.

### Hyperbaric Oxygen Therapy (HBO<sub>2</sub>T)

This is a modality that requires a patient to breathe 100% oxygen at increased atmospheric pressures. This will increase the oxygen levels in your tissues. HBO<sub>2</sub>T can help to promote healing as well as fight infection.

### Wound Dressings

The wound care products are chosen based on your wounds individual needs to promote the right wound environment your body requires to heal.

### Wound Debridement

A minor procedure that enhances the growth of healthy tissues in your wound.

### RISK FACTORS THAT MAY LEAD TO CHRONIC WOUNDS

- Malnutrition and diet
- Blood flow problems
- Infection
- Aging
- Diabetes
- Hyperglycemia - especially blood sugars over 150
- Arthritis
- Kidney disease
- Medications
- Swelling
- Weight
- Smoking
- Inability to adhere to your individual plan of care



### WHAT TO EXPECT ON YOUR FIRST VISIT

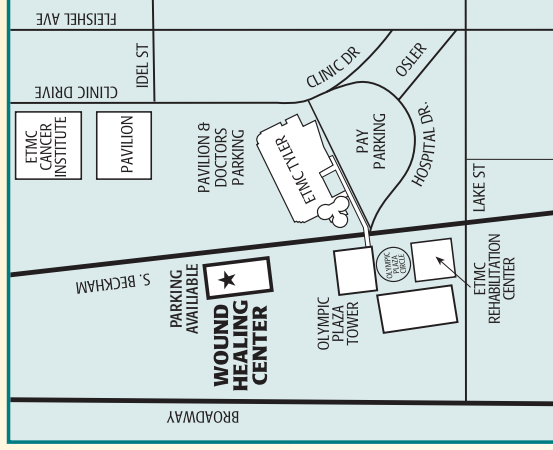
- You or your physician will call for the initial appointment. An appointment will be scheduled at a time that is convenient for you.
- Bring all medications you are currently taking, including over-the-counter medications and a list of allergies with you on the first visit.
- Bring insurance information for verification.
- Your initial evaluation could take two hours. This time is spent taking a complete history and physical, wound evaluation, photographs, blood work and other non-invasive tests to assist in individualizing your treatment plan.
- Consultation appointments with specialty physicians, surgeons, radiology and diabetes education departments or other services will be made based on your needs.
- The center is Medicare/Medicaid certified. Most insurance providers cover all or a portion of outpatient wound care-related treatments.

### YOU ARE THE KEY IN YOUR TREATMENT PROGRAM.

Much of the success of your wound treatment depends on your level of commitment and participation. As an active member of your wound management team, you will need to follow directions carefully, watch your progress closely and keep your appointments.

Remember: your wound healing staff is available to answer any questions concerning your treatment program.

# the WOUND HEALING Center



We invite you to call the Wound Healing Center at  
**(903) 526-4325 (HEAL) or (800) 459-0928.**  
Monday through Friday, 8 a.m. to 5 p.m.

833 South Beckham  
Tyler, Texas 75701  
FAX (903) 526-2871



Returning the quality of life you deserve!

